

List of Fasting Days for 2019-2020

<i>Date</i>	<i>Name</i>	<i>Pāraṇ time (next day)</i>
1 April 2019 (Mon)	Pāpa-vimochanī Ekādaśī	5:34–8:39 a.m.
14 April 2019 (Sun)	Śrī Rāma Navamī	(same day until noon)
16 April 2019 (Tue)	Kāmadā Ekādaśī	5:20–9:31 a.m.
30 April 2019 (Tue)	Varuthinī Ekādaśī	6:02–9:26 a.m.
15 May 2019 (Wed)	Mohinī Ekādaśī	5:00–7:13 a.m.
18 May 2019 (Sat)	Śrī Nṛsimha Chaturdaśī	(same day until sunset)
30 May 2019 (Thu)	Aparā Ekādaśī	4:56–9:22 a.m.
13 June 2019 (Thu)	Nirjalā Ekādaśī	4:56–9:24 a.m.
29 June 2019 (Sat)	Yoginī Ekādaśī	4:58–9:26 a.m.
13 July 2019 (Sat)	Śayan Ekādaśī	5:04–9:30 a.m.
28 July 2019 (Sun)	Kāmikā Ekādaśī	5:09–9:32 a.m.
11 August 2019 (Sun)	Pavitrāropanī Ekādaśī	5:15–9:33 a.m.
15 August 2019 (Thu)	Appearance of Śrī Baladev	(same day until noon)
23 August 2019 (Fri)	Śrī Kṛṣṇa Janmāṣṭamī	5:13–9:32 a.m.
26 August 2019 (Mon)	Annadā Ekādaśī	6:22–9:33 a.m.
6 September 2019 (Fri)	Śrī Rādhāṣṭamī	(same day until noon)
9 September 2019 (Mon)	Pārśva Ekādaśī	8:22–9:31 a.m.
25 September 2019 (Wed)	Indirā Ekādaśī	5:30–7:35 a.m.
9 October 2019 (Wed)	Pāpāṅkuṣā Ekādaśī	5:35–9:28 a.m.
24 October 2019 (Thu)	Śrī Ramā Ekādaśī	5:42–9:28 a.m.
8 November 2019 (Fri)	Śrī Utthān Ekādaśī	5:50–9:31 a.m.
23 November 2019 (Sat)	Uṭpannā Ekādaśī	6:01–9:36 a.m.
8 December 2019 (Sun)	Mokṣadā Ekādaśī	6:10 a.m.–9:02 p.m.
22 December 2019 (Sun)	Saphalā Ekādaśī	6:20–9:51 a.m.
6 January 2020 (Mon)	Putradā Ekādaśī	8:03–9:57 a.m.
21 January 2020 (Tue)	Ṣaṭ-tilā Ekādaśī	6:26–10:01 a.m.
5 February 2020 (Wed)	Bhaimī Ekādaśī	6:21–10:01 a.m.
19 February 2020 (Wed)	Vijayā Ekādaśī	6:13–9:58 a.m.
6 March 2020 (Fri)	Trisṛṣā Mahādvādaśī	5:59–9:52 a.m.
9 March 2020 (Mon)	Śrī Gaura Pūrṇimā	5:56–9:53 a.m.